ST. GABRIEL CATHOLIC CHURCH LENTEN MISSION
“LET US CLIMB TOGETHER”
With Fr. Richard Sutter

Monday: Lessons on Meekness and Mercy
Tuesday: Lessons on Purity and Poverty
Wednesday: Lessons on Zeal and Peace
Thursday: Lesson on Mourning and the Examining our Conscience

Recommended Reading
The Cross and the Beatitudes by Fulton Sheen

Servant of God, Archbishop Fulton Sheen’s book will be our guide for this worship in Spirit and Truth: the 7 virtues linking the preaching of Jesus Christ on the Mount of the Beatitudes to the living of each beatitude on the Mount of Calvary as expressed by Jesus in his 7 last words on the Cross.

Prayer for Making a Spiritual Communion
My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.

St. Alphonsus Liguori - 18th century

TUESDAY REFLECTION QUESTIONS: PURITY AND POVERTY

PURITY

1. On the Mount of the Beatitudes, Jesus taught “blessed are the pure of heart, for they shall see God.” On the Mount of Calvary, Jesus – completely pure yet nailed to the Cross - practiced what he preached in giving his Mother to every human being through Saint John: “Son, behold your mother. Woman, behold your son.” Place yourself at the foot of the Cross with Saint John and our Blessed Mother. Imagine what you hear and see. Listen to Jesus looking down from the Cross saying to you, “Son/daughter, behold your mother.” How do you feel as Jesus offers you this gift?
2. If greater purity of heart requires greater selflessness, where is God calling me to focus less on myself? In my family life...in my work or school...in my friendships...in my prayer?

POVERTY

Fulton Sheen teaches that being “poor in spirit means being so detached from wealth, social position, and earthly knowledge (intellect) that at the moment the kingdom of God demands a sacrifice, we are prepared to surrender all” as our Beloved Lord did on the Cross.

1. Jesus humbled Himself before God, saying “I cannot do anything on my own.” John 5:30  Where, in my life, am I deeply aware of my need for God?  In what areas do I sense God calling me to greater humility?

2. If God asked me to surrender my material possessions, my social status, work position, or intellect, what would be most difficult to offer him? Why would it be so difficult?

3. How would growing in poverty of spirit deepen my relationship with God?