ST. GABRIEL CATHOLIC CHURCH LENTEN MISSION

“LET US CLIMB TOGETHER”

With Fr. Richard Sutter

Monday: Lessons on Meekness and Mercy
Tuesday: Lessons on Purity and Poverty
Wednesday: Lessons on Zeal and Peace
Thursday: Lesson on Mourning and the Examining our Conscience

Recommended Reading
The Cross and the Beatitudes by Fulton Sheen

Servant of God, Archbishop Fulton Sheen’s book will be our guide for this worship in Spirit and Truth: the 7 virtues linking the preaching of Jesus Christ on the Mount of the Beatitudes to the living of each beatitude on the Mount of Calvary as expressed by Jesus in his 7 last words on the Cross.

Prayer for Making a Spiritual Communion

My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.

St. Alphonsus Liguori - 18th century

WEDNESDAY REFLECTION QUESTIONS: ZEAL AND PEACE

PURITY

1. Zeal is defined as a fire in our heart given to us at Baptism. This intense fire/love calls us to the strong action of bringing souls to the feet of Jesus Christ. In my daily life, where are the opportunities that I can be open to sharing my zeal for the Lord?
2. As shared in today’s mission, “The world is very fond of talking about religion. It dismisses zeal on intense love of God with a smear of mysticism and regards religion as incidental.” It is often easier to let human respect for one another hold us back from living true authentic zeal for our Lord and for our souls.”

We worry about offending others when we follow Christ’s commandments. It is easier to give in to the pressures of society (eating meat on Fridays, skipping Mass on Sundays) than to live out our passion of Christ. When have I chosen to be silent about my faith or not questioned someone’s denial of Christ’s presence in our world? I ask God to give me the strength to boldly live out my love of Christ and Christ’s love for all.

PEACE

“Blessed are the peacemakers for they shall be called children of God.” Matthew 5:9

1. St. Augustine said “Peace is the tranquility of order.” Peace is not an absence of conflict but an embracing of God’s will. Searching for peace in our world is futile. True peace can only come from Christ. It is easy to get caught up trying to create order in our disorderly world. Given all that is going on in the world, especially today, God calls us to accept His peace, the peace the world cannot offer. Can I spend a few minutes today asking God for His peace? Can I quiet my mind to spend time with our Lord?

2. “Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus. Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things. The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.” Philippians 4: 6-8

In my prayer today, what is pure, lovely and noble in my life that I can thank God for? How have I shown virtue this past week? Can I ask God to help me love my enemy? Can I incorporate peace in my language, conversation and thoughts?